

Programs List

GROUP NAME	DESCRIPTION	CATEGORY
Just for Dads	A gathering of fathers of children with autism and related disabilities to support one another, share resources, and connect.	Support Group
Just for Moms	A gathering of mothers of children with autism and related disabilities to support one another, share resources, and connect.	Support Group
Connect Four	Support and a casual conversation about Social Understanding! <ul style="list-style-type: none"> • What are social skills? What is Social Thinking? • How can I help my child, of any age, develop these skills? • Connect Four offers a forum in which we can learn, • share experiences, and support each other on this journey. 	Support Group
Family Support Group	A safe, welcoming space for families and caregivers of individuals with autism. Connect with others, share experiences, and find practical tips and encouragement. Whether you need resources, understanding, or just a listening ear, you're not alone.	Support Group
Teacher's Chat	A virtual support group hosted by CARD Specialists and open to all school personnel in Miami-Dade and Broward County. Held via Zoom, this group is a space to share experiences and explore practical strategies for supporting students with ASD.	Support Group
Just for Siblings Support Group	In this group, siblings will have a safe space to feel recognized, share their thoughts and concerns, learn more about autism, and enjoy fun activities with other brothers and sisters just like them. This meeting is for siblings of registered CARD clients.	Support Group

<p>BEST (Becoming Empowered through Self-Determination for Teens) Teen Group</p>	<p>A 6-week small group for autistic teens focused on developing self-determination skills that promote confidence, independence, and self-advocacy. The program uses a strengths-based, neurodiversity-affirming approach to empower teens to actively participate in their school, home, and community lives. Participants will learn about : Self-awareness, strength-based SMART goals, interoception awareness,Participants will learn about : Self-awareness, strength-based SMART goals, interoception awareness, masking and burnout, self-regulation and coping strategies.masking and burnout, self-regulation and coping strategies</p>	<p>Teens & Adults</p>
<p>Miami-Dade and Broward Social GAAIN</p>	<p>A social opportunity activity-based group that will meet alternately online and in person. The activities and format of the group vary each session.This group is for registered CARD constituents who are 18 years old and over and out of high school. Participants must be able to actively engage within the group.</p>	<p>Teens & Adults</p>
<p>Job Club</p>	<p>A skill building group to help autistic adults who are looking for work or are employed. We will support each other as we learn the skills needed to find and keep a job! This includes social skills, job searching, networking, resume writing, interviewing skills, and more! This group is for registered CARD constituents who are 18 years old and over and out of high school. Participant must be interested in employment and be able to participate in two way group discussion via a virtual platform.</p>	<p>Teens & Adults</p>
<p>Adult Support Group</p>	<p>A hybrid support group to help bring adults with autism together to talk about autism and how it impacts our lives. We will interact, gain support from one another,and learn new skills. This group will alternate meeting in person in the Coral Gables CARD office and meeting virtually on Zoom. Participants must be registered with CARD, be 18 years or older, and be out of high school. They also must be able to sustain a reciprocal conversation and discuss a variety of topics.</p>	<p>Teens & Adults</p>
<p>Support Group for Adult Women & Gender Minorities</p>	<p>Join us for a support group specifically for autistic women and gender minorities. We will support each other as we share our experiences and feelings related to navigating the world as an autistic woman or autistic gender diverse individual. This group will be held virtually using the Zoom platform. This group is for women and other gender minorities who are CARD constituents, over 18 years of age and out of high school. Participants must be able to sustain a reciprocal conversation and discuss a variety of topics.</p>	<p>Teens & Adults</p>
<p>Body-Double Crew</p>	<p>Feeling stuck or just need a little momentum? Join us on Zoom for a structured body-doubling session designed to reduce isolation and increase motivation. We work side by side on individual tasks in a supportive space. Please come prepared with a personal chore or task to work on. Participants must be registered with CARD, be 18 years or older, and be out of high school. Participants must be able to actively engage within the group.</p>	<p>Teens & Adults</p>

<p>Support Group for Parents & Family Members of Adults with High Support Needs</p>	<p>Connect with others whose adults are non-speaking or minimally verbal, who may need 24/7 supervision, and may have challenging behaviors. We don't want you to feel alone on this journey.</p>	<p>Teens & Adults</p>
<p>Virtual Parents and Family Members of Adults Striving for Independence Support Group</p>	<p>This is an opportunity to connect & share ideas with others who understand the challenges of helping adults with autism become more independence. Areas of challenge might be navigating college or work, getting along with others, budgeting money & handling other "adult" tasks.</p>	<p>Teens & Adults</p>
<p>Job SEEKers</p>	<p>Job SEEKers is a 1 week employment readiness program offered to adults with autism spectrum disorder (ASD). The program goal is to help prepare adults with ASD for competitive employment. Program participants will meet in person for group sessions.</p>	<p>Teens & Adults</p>
<p>Transition Talks</p>	<p>CARD, in collaboration with Project 10, is hosting a four-part discussion series focused on transition planning from middle school to high school and beyond. This series will include the sharing of practical knowledge to help students and families become informed and confidently navigate next steps for their student. Questions are encouraged and welcomed throughout the sessions. All sessions are open to the communities of Broward, Miami-Dade, and Monroe Counties, will take place virtually, and materials will be available through an online Padlet platform.</p>	<p>Teens & Adults</p>
<p>Adolescent & Adult Training Series</p>	<p>The Daniel Jordan Fiddle Foundation Transition and Adult Programs at CARD offers the Adolescent & Adult Training Series, a training series with structured presentations that are component based with visuals supports for neurodivergent adolescents and adults, including individuals with autism and related disabilities. Parents, caregivers, and community professionals are also welcome to attend. This series explores a variety of topics focused on promoting skill development, independence, and overall quality of life. Sessions are led by CARD staff and community professionals who share practical tools and strategies. A Padlet website is created for each series that includes the presentation recording, slides, visuals, and resources shared.</p>	<p>Teens & Adults</p>
<p>Navegando Juntos para familias de adultos con autismo</p>	<p>La oportunidad para conectar y crear una red de apoyo con otras familias de adultos con autismo. Los participantes recibirán información, apoyo y recursos sobre la planificación para la adultez.</p>	<p>Spanish Speaking Groups</p>

Grupo de Apoyo
Para Madres

Spanish Speaking Groups

Autism Caregiver
Training (ACT)
Offered in the Fall

Autism Caregiver Training (ACT) is a short-term, 6-week program for parents of children with ASD ages 2–10. The training focuses on behavior management and adaptive skills, with an emphasis on understanding autism and the functions of behavior. Parents participate in weekly virtual sessions and learn evidence-based strategies grounded in Applied Behavior Analysis to address mild to moderate challenging behaviors. Strategies are introduced through brief pre-recorded webinars, supported by weekly virtual one-on-one coaching sessions with a clinician.

Training

Project GRASP
Offered in the
Spring

Project GRASP is a short-term, 6-week program for parents and their children with ASD ages 2–6. The training focuses on building early social communication and play skills through parent coaching. Families participate in weekly sessions, offered virtually or in person, and learn evidence-based strategies grounded in Applied Behavior Analysis and developmental psychology. Strategies are introduced through brief pre-recorded webinars and supported by weekly one-on-one coaching sessions with a clinician to promote meaningful parent-child interaction.

Training

Pediatric Applied and
Innovative Research
(PAIR)Program

The Pediatric Applied and Innovative Research (PAIR) Program specializes in the skill development needs of minimally verbal children between 2-8 years. We promote foundational skills such as early communication, toileting continence, social or toy engagement, imitation, receptive identification, and cooperation.

Applied Research

Functional Assessment,
Consultation, and
Training
(FACT) Program

The Functional Assessment, Consultation, and Training (FACT) Program specializes in assessment and treatment of challenging behavior of children between 3-17 years. We assess and provide initial treatment plan recommendations.

Applied Research



Surf's Up with CARD

One week program during MDCPS Spring Break in partnership with Miami Beach Parks and Rec. The program is for children of all abilities with a diagnosis of ASD between the ages of 8-12. Children have the possibility of learning how to surf while also engaging in educational and fun activities.

Children ages 8-12

Summer Camp

6-week ABA and literacy-based program funded by The Children's Trust for children ages 6-10 years old with a diagnosis of ASD. This camp serves children with high communication and behavioral needs. It offers a structured and fun environment to promote literacy, language, and social skills as well as promoting skill development and helping to minimize problem behaviors.

Children ages 6-10