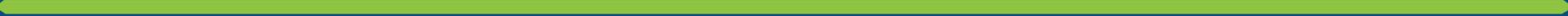


# Programs List

GROUP NAME	DESCRIPTION	CATEGORY
Just for Dads	A gathering of fathers of children with autism and related disabilities to support one another, share resources, and connect.	Support Group
Just for Moms	A gathering of mothers of children with autism and related disabilities to support one another, share resources, and connect.	Support Group
Connect Four	Support and a casual conversation about Social Understanding! <ul style="list-style-type: none"> <li>• What are social skills? What is Social Thinking?</li> <li>• How can I help my child, of any age, develop these skills?</li> <li>• Connect Four offers a forum in which we can learn,</li> <li>• share experiences, and support each other on this journey.</li> </ul>	Support Group
Family Support Group	A safe, welcoming space for families and caregivers of individuals with autism. Connect with others, share experiences, and find practical tips and encouragement. Whether you need resources, understanding, or just a listening ear, you're not alone.	Support Group
Teacher's Chat	A virtual support group hosted by CARD Specialists and open to all school personnel in Miami-Dade and Broward County. Held via Zoom, this group is a space to share experiences and explore practical strategies for supporting students with ASD.	Support Group
Just for Siblings Support Group	In this group, siblings will have a safe space to feel recognized, share their thoughts and concerns, learn more about autism, and enjoy fun activities with other brothers and sisters just like them. This meeting is for siblings of registered CARD clients.	Support Group

<p>Job Club</p>	<p>A skill building group to help autistic adults who are looking for work or are employed. We will support each other as we learn the skills needed to find and keep a job! This includes social skills, job searching, networking, resume writing, interviewing skills, and more! This group is for registered CARD constituents who are 18 years old and over and out of high school. Participant must be interested in employment and be able to participate in two way group discussion via a virtual platform.</p>	<p>Teens &amp; Adults</p>
<p>Broward Teen Time</p>	<p>Teen Time a social opportunity group that will alternatively meet virtually online and in person. The activities and format of the group vary each session. This group is open to registered CARD constituents who are middle or high school students, ages 13-17.</p>	<p>Teens &amp; Adults</p>
<p>Social GAAIN</p>	<p>A social opportunity activity-based group that will meet alternately online and in person. The activities and format of the group vary each session. This group is for registered CARD constituents who are 18 years old and over and out of high school.</p>	<p>Teens &amp; Adults</p>
<p>Job SEEkers</p>	<p>Job SEEkers is a 1 week employment readiness program offered to adults with autism spectrum disorder (ASD). The program goal is to help prepare adults with ASD for competitive employment. Program participants will meet in person for group sessions.</p>	<p>Teens &amp; Adults</p>
<p>Adolescent &amp; Adult Training Series</p>	<p>This series explores how to recognize and manage burnout from masking, build confidence in social communication, and understand internal body signals through interoception. Participants will gain practical tools for enhancing self-awareness, fostering connection, and promoting overall well-being.</p>	<p>Teens &amp; Adults</p>
<p>Virtual Parents and Family Members of Adults Striving for Independence Support Group</p>	<p>This is an opportunity to connect &amp; share ideas with others who understand the challenges of helping adults with autism become more independence. Areas of challenge might be navigating college or work, getting along with others, budgeting money &amp; handling other "adult" tasks.</p>	<p>Teens &amp; Adults</p>

<p>Adult Support Group</p>	<p>A hybrid support group to help bring adults with autism together to talk about autism and how it impacts our lives. We will interact, gain support from one another, and learn new skills. This group will alternate meeting in person in the Coral Gables CARD office and meeting virtually on Zoom. Participants must be registered with CARD, be 18 years or older, and be out of high school.</p>	<p>Teens &amp; Adults</p>
<p>Support Group for Parents &amp; Family Members of Adults with High Support Needs</p>	<p>Connect with others whose adults are non-speaking or minimally verbal, who may need 24/7 supervision, and may have challenging behaviors. We don't want you to feel alone on this journey.</p>	<p>Teens &amp; Adults</p>
		
<p>Navegando Juntos para familias de adultos con autismo</p>	<p>La oportunidad para conectar y crear una red de apoyo con otras familias de adultos con autismo. Los participantes recibirán información, apoyo y recursos sobre la planificación para la adultez.</p>	<p>Spanish Speaking Groups</p>
<p>Grupo de Apoyo Para Madres</p>	<p>La oportunidad de conocer a otras madres de niños con un diagnóstico de autismo, compartir experiencias, hacer preguntas y recibir apoyo.</p>	<p>Spanish Speaking Groups</p>
		
<p>Autism Caregiver Training (ACT) Offered in the Fall</p>	<p>Autism Caregiver Training (ACT) is a short-term, 6-week program for parents of children with ASD ages 2–10. The training focuses on behavior management and adaptive skills, with an emphasis on understanding autism and the functions of behavior. Parents participate in weekly virtual sessions and learn evidence-based strategies grounded in Applied Behavior Analysis to address mild to moderate challenging behaviors. Strategies are introduced through brief pre-recorded webinars, supported by weekly virtual one-on-one coaching sessions with a clinician.</p>	<p>Training</p>
<p>Project GRASP Offered in the Spring</p>	<p>Project GRASP is a short-term, 6-week program for parents and their children with ASD ages 2–6. The training focuses on building early social communication and play skills through parent coaching. Families participate in weekly sessions, offered virtually or in person, and learn evidence-based strategies grounded in Applied Behavior Analysis and developmental psychology. Strategies are introduced through brief pre-recorded webinars and supported by weekly one-on-one coaching sessions with a clinician to promote meaningful parent-child interaction.</p>	<p>Training</p>