

Behavior Therapy Options for Autism Spectrum Disorder (ASD)

Behavior therapy is a scientifically validated treatment for children with ASD

WHAT IS BEHAVIOR THERAPY?

Behavior therapy is a term used to describe a broad range of techniques used to encourage positive behaviors and discourage unwanted or problem behaviors. There are a number of different types of behavior therapy. The type of therapy used can depend on many factors such as the age of the child, the condition(s) being treated, and the severity of symptoms. Consult with your child's healthcare professional for specific recommendations.



TREATMENT OPTIONS FOR BEHAVIOR THERAPY AT THE UNIVERSITY OF MIAMI

Early Intensive Behavioral Intervention (EIBI): Involves using techniques, based on the science of learning, to change behavior and improve communication, socialization, problem-solving, self-care skills, and pre-school readiness. Children participate for several hours a day, multiple days per week. Delivered in a combination of 1:1 and group setting. Ages 18 months – 3 years.

Autism Caregiver Training (ACT): Caregivers learn the skills used by ABA professionals to better understand and manage their child's behavior problems, while also learning how to teach replacement skills. Therapist trains parents how to decrease disruptive behaviors and increase prosocial and adaptive behavior. Short-term therapy (6 weeks) for caregivers taught without the child for 1-2 hours per week. Ages 2-10 years.

Parent-Child Interaction Therapy (PCIT): Therapist and caregivers work as a team to conquer behavior problems, teach social-communication and play skills, and strengthen the caregiver-child relationship. Caregivers and the child are seen together, with live coaching from the therapist, for 1 hour per week. Treatment length ranges (typically 3-6 months). Ages 2 – 7 years.

Project IMPACT: Caregivers learn how to use behavioral and developmental strategies to improve their child's communication, play, and social engagement. This brief (6-week) therapy is delivered using live coaching of the caregiver during play sessions with the child for 1 hour per week. Ages 18 months – 6 years.

FOR MORE INFORMATION

UM-NSU CARD: Register with The University of Miami-Nova Southeastern University Center for Autism & Related Disabilities to receive free consultation services. A case manager can help you navigate the path to high quality services, including educational programs, therapies, and recreational activities. Each case manager will work with families to individualize the approach to treatment based on family's needs.

ASAC: The Autism Spectrum Assessment Clinic offers behavioral parent training and parent coaching therapies for children ages 18 months through 10 years, including ACT, PCIT, and Project IMPACT.

IBIS: The Intensive Behavioral Intervention Services Clinic provides intensive EIBI therapy services to young children, ages 18 months through 3 years.



www.card.miami.edu



www.umasac.psy.miami.edu



www.ibis.psy.miami.edu



NEED A DIAGNOSTIC EVALUATION FOR INSURANCE AUTHORIZATION?

***NOW OFFERING
VIRTUAL EVALUATIONS***

INCLUDES:

- Diagnostic measures of autism symptoms
- Assessment of current adaptive functioning
- Online format via secure (HIPAA compliant) technology
- A detailed summary report

Contact us for more information:
(305) 284-6140

asac@miami.edu

Or visit our website at www.umasac.org

UNIVERSITY
OF MIAMI
DEPARTMENT of PSYCHOLOGY

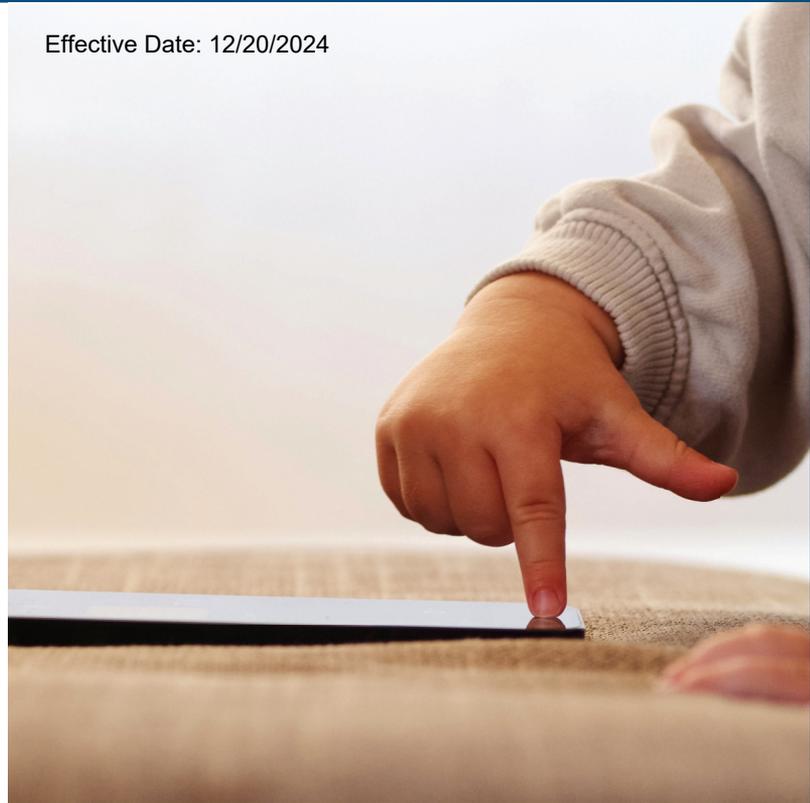


Study #: 20221191

Effective Date: 12/20/2024



Pediatric Applied and Innovative Research (PAIR) Program



A clinical research program aiming to identify optimal ways to promote the accurate use of a speech-generating device among minimally verbal children.

Enrolling children:

- Between 2-8 years old***
- At risk or diagnosed with autism or a related developmental disability***
- Displaying minimal to no speech***

Scan the QR Code to learn if your child qualifies for this research study!





Functional Assessment, Consultation and Training (FACT) Program



A clinical research program aiming to assess factors contributing to challenging behavior and promote the use of functional communication

Enrolling children:

- Between 3-17 years old*
- At risk or diagnosed with autism or a related disability or emotional behavioral disorder*
- With challenging behavior needs*

*Scan the QR Code to learn if your
child qualifies for this research study!*



SURVEY

Exploring the Landscape: Behavioral Providers and Behaviors Addressed

Drs. Kerri Peters, Yanerys León, and Nicole Gravina, are conducting a study, funded by the Florida Developmental Disabilities Council, Inc. (FDDC) to investigate the landscape of behavior analytic services and develop relevant resources to support providers in the state of Florida.

This survey will take 10-20 minutes to complete. Please complete the survey by June 30th, 2024.

We are seeking participation from practitioners including:

- ✓ BCBA's
- ✓ BCBA-Ds
- ✓ BCaBAs



Survey Link



Study #: 20190811 Effective Date: 7/29/2021

How do children's brains process sounds?

Contribute to science and help us find out!

We are recruiting
1.5 to 6 year-old
children who have an
Autism diagnosis to
participate in a study
measuring children's
brain responses to
sounds to better
understand
developmental
disabilities.



Procedure:

- Your child will wear small stickers called "electrodes" on his/her head.
- Your child will listen to click sounds over earphones, while watching a silent video or some other quiet activity of his/her choice.
- You can be with your child for the entire study.

Location: University of
Miami, Coral Gables
** Parking garage
connected to our building*

To learn more...
Contact us at
(305)284-5520
UMChildDevelopment@miami.edu

Duration: 90 minutes
** Appointments at your
convenience
* Payment of \$50*

Strengthening Families of Children with Autism Spectrum Disorder: Understanding the Family Impact of Parenting Together



About the study:

The study goal is to understand the way partners in families of a child with Autism Spectrum Disorder work together as parents and how this can influence family and individual adjustment.

Interested participants should email Amy Robertson at ams15x@fsu.edu for more information.

You will receive a follow-up email letter providing a link to a survey on Qualtrics.

**Help Us Help Parents
with Autism Spectrum
Disorder**

Your Help is Needed
to Understand the
Impact of Parenting
Together (e.g.
coparenting) on
Families of Children
with ASD

Looking for **Married or
Cohabiting Couples**

With at Least 1 Child
with **ASD 3-17 years**
old

Both Partners Needed
to Participate in Study

Share an Hour of Your
Time by Completing an
Online Survey

Receive \$50
Compensation per
Couple for a Date Night!



RESEARCH AUTISM ADULTS



You are invited to participate in online studies about topics that affect the lives of adults on the autism spectrum. This study will help us better understand what affects outcomes for adults on the autism spectrum. To do this, we will ask you to complete surveys for different studies.

Your responses across the different studies will be linked together to help us **better understand how different life experiences, individual traits, perceptions, and attitudes can affect life outcomes, such as health, employment, quality of life, and other outcomes.** You will also have the option to participate in longitudinal surveys.

To participate in this study, you need to:

- Be 18 years of age or older
- Have an autism diagnosis OR identify with a diagnosis of autism (self-diagnosed)
- Be able to read and respond to an online survey

Participation in this study involves an online survey

Participation in this study includes a chance to win a \$50 Amazon Card

To participate in this study, please use the following link:

<https://redcap.link/S4L-IS>

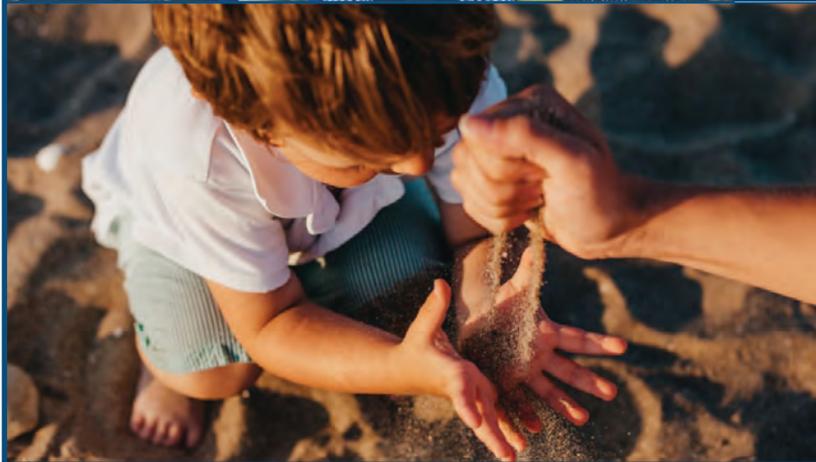
For more information about this and other Spectrum for Life studies, please visit:
<https://spectrumforlife.wordpress.com>

(Feel free to photograph poster to share with others)

RESEARCH AUTISM ADULTS



For a master list of all of our upcoming groups & trainings
CLICK HERE



*Access **UM-NSU CARD's**
resources here.*

*Includes social narratives,
visuals, learn at home
activities, teen & adult
resources, groups &
trainings & much more!*

*Acceda a los recursos de
UM-NSU CARD aquí.*

*Incluye narrativas sociales,
visuales, actividades de
aprendizaje en el hogar,
recursos para adolescentes y
adultos, grupos y charlas y
mucho más!*