

# Behavior Therapy Options for Autism Spectrum Disorder (ASD)

Behavior therapy is a scientifically validated treatment for children with ASD

## WHAT IS BEHAVIOR THERAPY?

Behavior therapy is a term used to describe a broad range of techniques used to encourage positive behaviors and discourage unwanted or problem behaviors. There are a number of different types of behavior therapy. The type of therapy used can depend on many factors such as the age of the child, the condition(s) being treated, and the severity of symptoms. Consult with your child's healthcare professional for specific recommendations.



## TREATMENT OPTIONS FOR BEHAVIOR THERAPY AT THE UNIVERSITY OF MIAMI

**Early Intensive Behavioral Intervention (EIBI):** Involves using techniques, based on the science of learning, to change behavior and improve communication, socialization, problem-solving, self-care skills, and pre-school readiness. Children participate for several hours a day, multiple days per week. Delivered in a combination of 1:1 and group setting. Ages 18 months – 3 years.

**Autism Caregiver Training (ACT):** Caregivers learn the skills used by ABA professionals to better understand and manage their child's behavior problems, while also learning how to teach replacement skills. Therapist trains parents how to decrease disruptive behaviors and increase prosocial and adaptive behavior. Short-term therapy (6 weeks) for caregivers taught without the child for 1-2 hours per week. Ages 2-10 years.

**Parent-Child Interaction Therapy (PCIT):** Therapist and caregivers work as a team to conquer behavior problems, teach social-communication and play skills, and strengthen the caregiver-child relationship. Caregivers and the child are seen together, with live coaching from the therapist, for 1 hour per week. Treatment length ranges (typically 3-6 months). Ages 2 – 7 years.

**Project ImPACT:** Caregivers learn how to use behavioral and developmental strategies to improve their child's communication, play, and social engagement. This brief (6-week) therapy is delivered using live coaching of the caregiver during play sessions with the child for 1 hour per week. Ages 18 months – 6 years.

## FOR MORE INFORMATION

**UM-NSU CARD:** Register with The University of Miami-Nova Southeastern University Center for Autism & Related Disabilities to receive free consultation services. A case manager can help you navigate the path to high quality services, including educational programs, therapies, and recreational activities. Each case manager will work with families to individualize the approach to treatment based on family's needs.

**ASAC:** The Autism Spectrum Assessment Clinic offers behavioral parent training and parent coaching therapies for children ages 18 months through 10 years, including ACT, PCIT, and Project ImPACT.

**IBIS:** The Intensive Behavioral Intervention Services Clinic provides intensive EIBI therapy services to young children, ages 18 months through 3 years.



[www.card.miami.edu](http://www.card.miami.edu)



[www.umasac.psy.miami.edu](http://www.umasac.psy.miami.edu)



[www.ibis.psy.miami.edu](http://www.ibis.psy.miami.edu)



# NEED A DIAGNOSTIC EVALUATION FOR INSURANCE AUTHORIZATION?

**NOW OFFERING  
VIRTUAL EVALUATIONS**

## INCLUDES:

- Diagnostic measures of autism symptoms
- Assessment of current adaptive functioning
- Online format via secure (HIPAA compliant) technology
- A detailed summary report

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Contact us for more information:  
(305) 284-6140

[asac@miami.edu](mailto:asac@miami.edu)  
Or visit our website at [www.umasac.org](http://www.umasac.org)

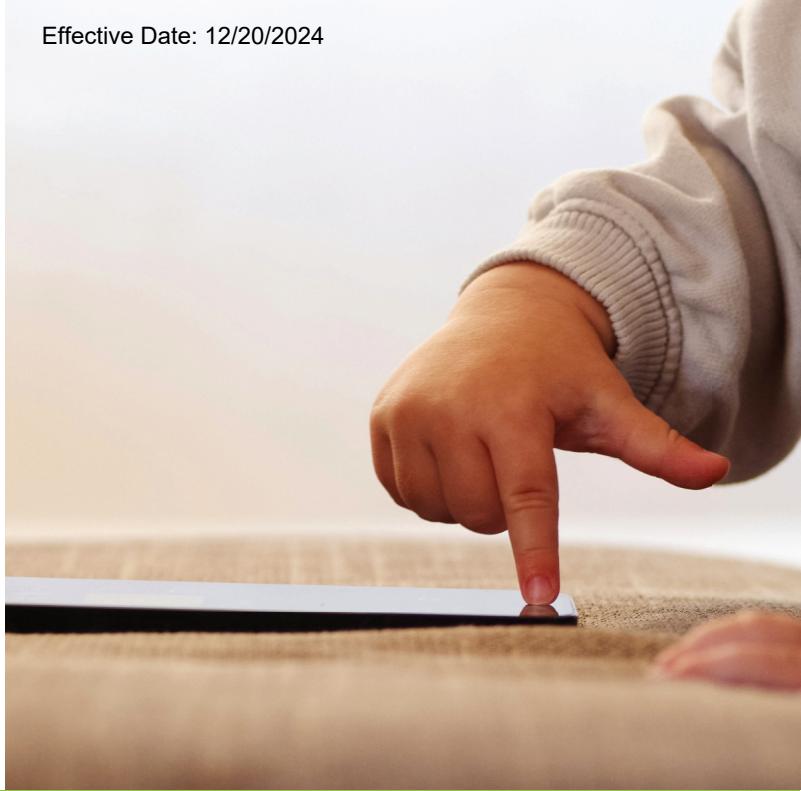
UNIVERSITY  
OF MIAMI  
DEPARTMENT OF PSYCHOLOGY





University of Miami  
Nova Southeastern University

## Pediatric Applied and Innovative Research (PAIR) Program



*A clinical research program aiming to identify optimal ways to promote the accurate use of a speech-generating device among minimally verbal children.*

### *Enrolling children:*

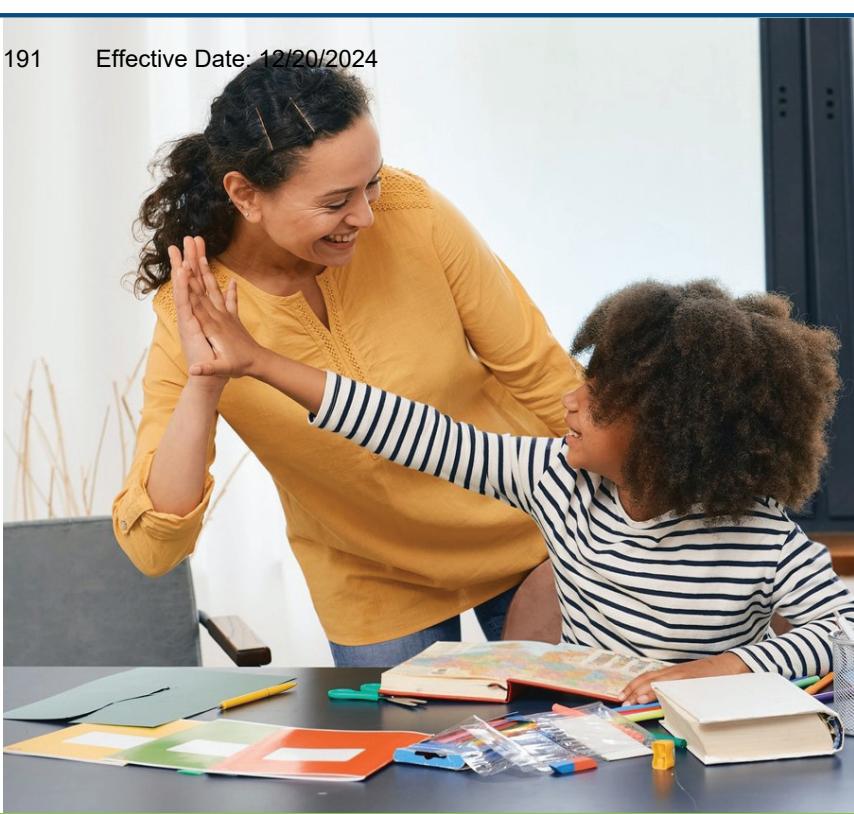
- *Between 2-8 years old*
- *At risk or diagnosed with autism or a related developmental disability*
- *Displaying minimal to no speech*

***Scan the QR Code to learn if your child qualifies for this research study!***





# Functional Assessment, Consultation and Training (FACT) Program



*A clinical research program aiming to assess factors contributing to challenging behavior and promote the use of functional communication*

## *Enrolling children:*

- *Between 3-17 years old*
- *At risk or diagnosed with autism or a related disability or emotional behavioral disorder*
- *With challenging behavior needs*

***Scan the QR Code to learn if your  
child qualifies for this research study!***



# SURVEY

## Exploring the Landscape: Behavioral Providers and Behaviors Addressed

Drs. Kerri Peters, Yanerys León, and Nicole Gravina, are conducting a study, funded by the Florida Developmental Disabilities Council, Inc. (FDDC) to investigate the landscape of behavior analytic services and develop relevant resources to support providers in the state of Florida.

This survey will take 10-20 minutes to complete. Please complete the survey by June 30th, 2024.

We are seeking participation from practitioners including:

- BCBAs
- BCBA-Ds
- BCaBAs



[Survey Link](#)



# How do children's brains process sounds?

Contribute to science and help us find out!

We are recruiting  
**1.5 to 6 year-old**  
children who have an  
**Autism** diagnosis to  
participate in a study  
measuring children's  
brain responses to  
sounds to better  
understand  
developmental  
disabilities.



## Procedure:

- Your child will wear small stickers called “electrodes” on his/her head.
- Your child will listen to click sounds over earphones, while watching a silent video or some other quiet activity of his/her choice.
- You can be with your child for the entire study.

**Location:** University of Miami, Coral Gables  
\* *Parking garage connected to our building*

**To learn more...**  
Contact us at  
(305)284-5520  
[UMChildDevelopment@miami.edu](mailto:UMChildDevelopment@miami.edu)

## Duration:

90 minutes  
\* *Appointments at your convenience*  
\* *Payment of \$50*

# **Strengthening Families of Children with Autism Spectrum Disorder: Understanding the Family Impact of Parenting Together**



## **About the study:**

The study goal is to understand the way partners in families of a child with Autism Spectrum Disorder work together as parents and how this can influence family and individual adjustment.

Interested participants should email Amy Robertson at [ams15x@fsu.edu](mailto:ams15x@fsu.edu) for more information.

You will receive a follow-up email letter providing a link to a survey on Qualtrics.

**Help Us Help Parents with Autism Spectrum Disorder**

**Your Help is Needed** to Understand the Impact of Parenting Together (e.g. coparenting) on Families of Children with ASD

**Looking for Married or Cohabiting Couples**

With at Least 1 Child with **ASD 3-17 years old**

**Both Partners Needed** to Participate in Study

**Share an Hour** of Your Time by Completing an Online Survey

**Receive \$50** Compensation per Couple for a Date Night!



# RESEARCH AUTISM ADULTS



You are invited to participate in online studies about topics that affect the lives of adults on the autism spectrum. This study will help us better understand what affects outcomes for adults on the autism spectrum. To do this, we will ask you to complete surveys for different studies.

Your responses across the different studies will be linked together to help us **better understand how different life experiences, individual traits, perceptions, and attitudes can affect life outcomes, such as health, employment, quality of life, and other outcomes**. You will also have the option to participate in longitudinal surveys.

To participate in this study, you need to:

- Be 18 years of age or older
  - Have an autism diagnosis OR identify with a diagnosis of autism (self-diagnosed)
  - Be able to read and respond to an online survey

Participation in this study involves an online survey

Participation in this study includes a chance to win a \$50 Amazon Card

To participate in this study, please use the following link:

<https://redcap.link/S4L-IS>

For more information about this and other Spectrum for Life studies, please visit:  
<https://spectrumforlife.wordpress.com>

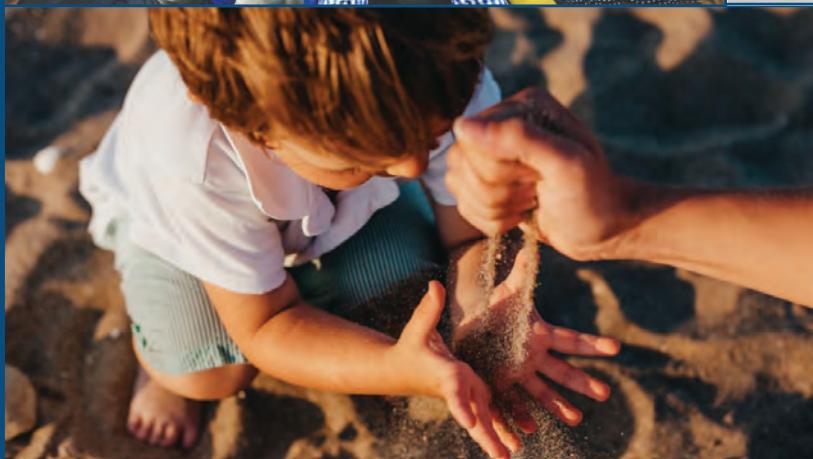
(Feel free to photograph poster to share with others)

# RESEARCH AUTISM ADULTS



*For a master list of all of our upcoming groups & trainings*

***CLICK HERE***





**Access UM-NSU CARD's resources here.**  
**Includes social narratives, visuals, learn at home activities, teen & adult resources, groups & trainings & much more!**

**Acceda a los recursos de UM-NSU CARD aquí.**  
**Incluye narrativas sociales, visuales, actividades de aprendizaje en el hogar, recursos para adolescentes y adultos, grupos y charlas y mucho más!**